LOCAL 60

CONDUCTOR CERTIFICATION
PHYSICAL CHARACTERISTICS
STUDY GUIDE

MAIN/BERGEN
INCLUDING PORT JERVIS
&
PASCACK VALLEY

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This study guide contains helpful information for those conductors who will be re-certifying on the Main & Bergen County Lines, including Port Jervis, and the Pascack Valley lines. This study guide is divided into 6 sections.

SECTION A - HOBOKEN TO WEST END
SECTION B - WEST END TO RIDGEWOOD JCT. (MAIN)
SECTION C - WEST END TO RIDGEWOOD JCT. (BERGEN)
SECTION D - RIDGEWOOD JCT. TO SUFFERN
SECTION E - PORT JERVIS
SECTION F - PASCACK VALLEY LINE

SECTION A - HOBOKEN TO WEST END
1) Main Track Rules
Study the NJT Special Instructions (Main track rules in effect) this
accounts for a majority of the questions on the exam.

2) Maximum Authorized speeds
Depot tracks (10 mph)
West end of the depot & Eastward home signal of terminal (15mph)
Bergen Tunnels (30 mph)

3) ABS Signals in Bergen Tunnels
Study SI ME 277-1 pertaining to ABS signals in the Bergen tunnels
with High signal aspects.

4) Horn Signals Hoboken
Study SI ME 19-1 (A) (Approaching car wash facility)

5) Depot Tracks with Both side access
Study the Depot Tracks that have platforms on both sides of the
equipment.

6) Hoboken Terminal/Track 1 Capacity
Track 1 in Hoboken Terminal capacity.

7) Hoboken Terminal track access
Tracks (12) & (13) are the only tracks that can access 1 main and 4
main in terminal and east end. (See attached map)

8) Interlocking limits of Hoboken Terminal
Study SI ME 613-1 pertaining to the interlocking limits of terminal
tower extends to the east end of the train shed tracks.

9) Hoboken Yards
See the attached map for the locations of these yards.
Hill (between 2main & 4 main)
Days (North of the E-route)
Pullman (South of I22, 6main, 4main).

10) Old Westbound
Study the location of the old westbound (see attached map)

SECTION B - WEST END TO RIDGEWOOD JCT. (MAIN)

1) Main Track Rules
Study the NJT Special Instructions (Main track rules in effect) this accounts for a majority of the questions on the exam.

2) Maximum speeds
MP 2.2 & Laurel (60mph)
Laurel & Ridgewood Jct. (60mph)

3) Island Platforms
The main line has two stations with Island Platforms
Paterson
Ridgewood

4) Departing station near an interlocking
Study NJT SI 91-1 for ML stations near interlockings and procedures. Hawthorne (east)

5) Speed Restrictions
MP 5 West Secaucus (45mph)
MP 7.8 and MP 8.0 (55mph)
MP 14.9 and MP 15.1 (30mph)
MP 17.4 and MP 17.6 (50mph)
6) Train Inspection Detectors
MP 12.9 Clifton

SECTION C - WEST END TO RIDGEWOOD JCT (Bergen)

1) Main Track Rules
Study the NJT Special Instructions (Main track rules in effect) this accounts for a majority of the questions on the exam.

2) Maximum speeds
Laurel and HX (60mph)
HX and Ridgewood Jct. (70mph)

3) Speed Restrictions
HX Bridge (30mph)
MP 8.9 & MP 9.2 (40mph)
MP 18.1 & MP 18.4 (50mph)

4) Public Crossings at grade
Study SI BC 138 pertaining to Berdan Crossing at Fairlawn.

5) Station Stops
Study SI BC 1000 pertaining to minimum cars open on the BC line.

6) Mini High Platforms
Study the station page for stations equipped with mini-high platforms for ADA boarding.

7) Train Inspection detectors
MP 14.6 Elmwood Park
SECTION D - RIDGEWOOD TO SUFFERN

1) Main Track Rules
Study the NJT Special Instructions (Main track rules in effect) this
accounts for a majority of the questions on the exam.

2) Maximum Speeds
Ridgewood Jct. And WC 60mph)
WC and Sufferen (70mph)

3) Reversing at Ridgewood Station
Study SI ML 501 pertaining to changing ends at Ridgewood station
and signal indications.

4) Waldwick yard
Study Waldwick Yard configuration and speeds. (See attached map)
Also study SI ML 98 Waldwick Yard pertaining to storage of other
than passenger equipment.

5) Speed Restriction
MP 22.6 & MP 23.2 (40 mph)

6) Public Crossings at Grade
Study SI ML 138 Note A pertaining to station stops at Ramsey (Main
St.)

7) Rockland Running Track
Study SI ML 97 pertaining to the Rockland Running Track.

SECTION E - PORT JERVIS
1) Main Track Rules
Study the NJT Special Instructions (Main track rules in effect) this accounts for a majority of the questions on the exam.

2) Maximum speeds
MP 31.3JS & MP 39.5JS (60mph)
MP 44.8JS & Middletown (79mph)

3) Speed Restrictions
Moodna viaduct (30mph)
MP 83.8SR & 84.4SR (30mph)

4) Train Inspection Detectors
Study SI ST 72 pertaining to the location of the Hot box and dragging detectors.

5) Departing station near an interlocking
Study NJT SI 91-1 for ST stations near interlockings and procedures.
Sloatsburg (east)
Otisville (west - single track only)

6) Station Stops across tracks
Study SI ST 121 pertaining to stations where rule 121-C is in effect.
Otisville

7) Port Jervis Yard and Station
Study the yard configuration. (See attached map)
Study SI ST 104-3 pertaining to Port Jervis hand operated switch and derail.

SECTION F - PASCACK VALLEY

1) Main Track Rules
Study the NJT Special Instructions (Main track rules in effect) this accounts for a majority of the questions on the exam.

2) Maximum Speeds
Pascack Jct. & MP 12 (60mph)
MP 12 & West Cole (40mph)
West Cole & Spring Valley (50mph)

3) Speed Restrictions
Study the speed restrictions in the Special Instructions pertaining to the speeds of the controlled sidings.

4) Train Inspection Detectors
MP 15.4 River Edge

5) Train Meets - East Pond & West Pond
Study SI PV 1000-3 pertaining to the procedures for trains meeting at east and west pond.

6) Woodbine Yard
Study the woodbine yard configuration (see attached map)