For each sheet!

Submit for each day (go 30 days back for unpaid mileage)

Use the below language in details of timecard/penalty submission.

http://railclaims.njtransit.com/

"Pay eight-hour penalty as per rule 42 letter" A" and "D" submitted a claim for mileage payment on sheet number _____ and was neither denied nor paid in thirty days as per agreement. Claim was presented within thirty days as per TRO-12 1.1.43A &1.1.43B for dates."